

**Hamlet Senior Center**

**September 2022**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1	2	3
				08:00a Coffee Talk - Center Wide	08:00a Coffee Talk - Center Wide	09:30a Saturday Line Dancing - Multipurpose Room
				08:00a Drop In Activities - N/A	08:00a Drop In Activities - N/A	
				08:00a Exercise Equipment - Sunroom	08:00a Exercise Equipment - Sunroom	
				08:00a New Participant Registration - N/A	08:00a New Participant Registration - N/A	
				08:00a Volunteer - N/A	08:00a Volunteer - N/A	
				09:00a Walk 15 - Multipurpose Room	09:00a Walk Away the Pounds - Multipurpose Room	
				01:00p Volunteer Meeting - Sunroom	10:00a Line Dancing - Multipurpose Room	
				03:00p Red Hat Meeting - Sunroom		
				04:00p Journey Line Dance - Multipurpose Room	11:00a Adventure Club Meeting - Sunroom	
					12:00p Prom Dress Shopping - Sunroom	
4	5	6	7	8	9	10

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4	5 08:00a Labor Day- Center Closed - Sunroom, Multipur- ose Room, Lobby, Rece- ption Area, Meeting Room, Kitchen, Dire- ctor Office	6 08:00a Coffee Talk - Center Wide  08:00a Drop In Activities - N/A  08:00a Exercise Equipment - Sunroom  08:00a New Participant Registration - N/A  08:00a Volunteer - N/A  09:00a Fast & Fun Mile - Multipurpose Room  09:00a ZOOM FITNESS CLASS Tuesdays with Terry  10:00a Line Dancing - Multipurpose Room  12:15p Bingo w/ Joyce - Multipurpose Room	7 08:00a Coffee Talk - Center Wide  08:00a Drop In Activities - N/A  08:00a Exercise Equipment - Sunroom  08:00a New Participant Registration - N/A  08:30a Walk On - Multipurpose Room	8 08:00a Coffee Talk - Center Wide  08:00a Drop In Activities - N/A  08:00a Exercise Equipment - Sunroom  08:00a New Participant Registration - N/A  08:00a Volunteer - N/A  09:00a Walk 15 - Multipurpose Room  12:30p Diabetic Shoes Molding - Multipurpose Room  04:00p Journey Line Dance - Multipurpose Room	9 08:00a Coffee Talk - Center Wide  08:00a Drop In Activities - N/A  08:00a Exercise Equipment - Sunroom  08:00a New Participant Registration - N/A  08:00a Volunteer - N/A  09:00a Walk Away the Pounds - Multipurpose Room  10:00a Line Dancing - Multipurpose Room  12:15p Humana Bingo - Multipurpose Room	10

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4	5	6 01:30p Chair Volleyball Practice - Multipurpose Room  02:00p Advisory Board Meeting - Sunroom  03:00p Choir Practice - Sunroom	7	8	9	10
11	12 08:00a Coffee Talk - Center Wide  08:00a Drop In Activities - N/A  08:00a Exercise Equipment - Sunroom  08:00a New Participant Registration - N/A  08:00a Volunteer - N/A  09:00a Miracle Mile - Multipurpose Room  11:00a Hand Waxing - Reception Area	13 08:00a Coffee Talk - Center Wide  08:00a Drop In Activities - N/A  08:00a Exercise Equipment - Sunroom  08:00a New Participant Registration - N/A  08:00a Volunteer - N/A  09:00a Fast & Fun Mile - Multipurpose Room  09:00a ZOOM FITNESS CLASS Tuesdays with Terry	14 08:00a Coffee Talk - Center Wide  08:00a Drop In Activities - N/A  08:00a Exercise Equipment - Sunroom  08:00a New Participant Registration - N/A  08:00a Volunteer - N/A  08:30a Walk On - Multipurpose Room  12:00p Egoz Salon - OFF SITE	15 08:00a Coffee Talk - Center Wide  08:00a Drop In Activities - N/A  08:00a Exercise Equipment - Sunroom  08:00a New Participant Registration - N/A  08:00a Volunteer - N/A  09:00a Walk 15 - Multipurpose Room  04:00p Journey Line Dance - Multipurpose Room	16 08:00a Coffee Talk - Center Wide  08:00a Drop In Activities - N/A  08:00a Exercise Equipment - Sunroom  08:00a New Participant Registration - N/A  08:00a Volunteer - N/A  09:00a Walk Away the Pounds - Multipurpose Room  10:00a Line Dancing - Multipurpose Room	17 09:30a Saturday Line Dancing - Multipurpose Room  10:30a AARP Local Meeting - Sunroom

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11	12	13	14	15	16	17
	04:00p Journey Line Dance - Multipurpose Room	10:00a Line Dancing - Multipurpose Room  11:40a Movie Trip: Gigi and Nate - OFF SITE  12:30p Bingo w/ RCO Hospice - Multipurpose Room  01:30p Chair Volleyball Practice - Multipurpose Room  03:00p Choir Practice - Sunroom	12:00p Veteran Club Meeting - Multipurpose Room		01:00p Volunteer Meeting - Sunroom  06:00p Senior Prom - OFF SITE	
18	19	20	21	22	23	24
	08:00a Coffee Talk - Center Wide  08:00a Drop In Activities - N/A  08:00a Exercise Equipment - Sunroom  08:00a New Participant Registration - N/A	08:00a Coffee Talk - Center Wide  08:00a Drop In Activities - N/A  08:00a Exercise Equipment - Sunroom  08:00a New Participant Registration - N/A	08:00a Volunteer - N/A  09:00a 2022 Health Fair - Lobby, Multipurpose Room, Sunroom	08:00a African American Museum of History & Culture - OFF SITE  08:00a Coffee Talk - Center Wide  08:00a Drop In Activities - N/A  08:00a Exercise Equipment - Sunroom	08:00a Coffee Talk - Center Wide  08:00a Drop In Activities - N/A  08:00a Exercise Equipment - Sunroom  08:00a New Participant Registration - N/A	09:30a Saturday Line Dancing - Multipurpose Room

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18	19	20	21	22	23	24
	08:00a Volunteer - N/A  09:00a Miracle Mile - Multipurpose Room  11:00a Hand Waxing - Reception Area  04:00p Journey Line Dance - Multipurpose Room	08:00a Volunteer - N/A  09:00a Fast & Fun Mile - Multipurpose Room  09:00a ZOOM FITNESS CLASS Tuesdays with Terry  10:00a Line Dancing - Multipurpose Room  01:30p Chair Volleyball Practice - Multipurpose Room  03:00p Choir Practice - Sunroom		08:00a New Participant Registration - N/A  08:00a Volunteer - N/A  09:00a Walk 15 - Multipurpose Room  04:00p Journey Line Dance - Multipurpose Room	08:00a Volunteer - N/A  09:00a Walk Away the Pounds - Multipurpose Room  10:00a Line Dancing - Multipurpose Room  12:00p Scare Crow Craft - Sunroom	
25	26	27	28	29	30	
	08:00a Coffee Talk - Center Wide  08:00a Drop In Activities - N/A  08:00a Exercise Equipment - Sunroom	08:00a Coffee Talk - Center Wide  08:00a Drop In Activities - N/A  08:00a Exercise Equipment - Sunroom	08:00a Coffee Talk - Center Wide  08:00a Drop In Activities - N/A  08:00a Exercise Equipment - Sunroom	08:00a Coffee Talk - Center Wide  08:00a Drop In Activities - N/A  08:00a Exercise Equipment - Sunroom	08:00a Coffee Talk - Center Wide  08:00a Drop In Activities - N/A  08:00a Exercise Equipment - Sunroom	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	29	30	
	08:00a New Participant Registration - N/A	08:00a New Participant Registration - N/A	08:00a New Participant Registration - N/A	08:00a New Participant Registration - N/A	08:00a Fall Plant & Flower Festival - OFF SITE	
	08:00a Volunteer - N/A	08:00a Volunteer - N/A	08:00a Volunteer - N/A	08:00a Volunteer - N/A	08:00a New Participant Registration - N/A	
	09:00a Miracle Mile - Multipurpose Room	09:00a Fast & Fun Mile - Multipurpose Room	08:30a Walk On - Multipurpose Room	08:15a Mystery Trip - OFF SITE	08:00a Volunteer - N/A	
	11:00a Hand Waxing - Reception Area	09:00a ZOOM FITNESS CLASS Tuesdays with Terry	12:00p Make your own cup/ Bisque Quick - Multipurpose Room	09:00a Walk 15 - Multipurpose Room	09:00a Walk Away the Pounds - Multipurpose Room	
	12:30p Guacamole Party - Multipurpose Room	10:00a Line Dancing - Multipurpose Room	02:00p Washington DC trip: Know Before You Go - Sunroom	03:00p Choir Practice - Multipurpose Room	10:00a Line Dancing - Multipurpose Room	
	04:00p Journey Line Dance - Multipurpose Room	12:15p Bingo w/ Joyce - Multipurpose Room		04:00p Journey Line Dance - Multipurpose Room	01:00p Aperitivo Hour - Sunroom	
		01:30p Chair Volleyball Practice - Multipurpose Room				